

What's on the Menu?

Chatfield Lunch Menu, Chartwells School Dining Services
November 2024 Price: Free

Monday	Tuesday	Wednesday	Thursday	Friday
Carnival Corn Dog Green Beans Fresh Cucumber Coins Applesauce Choice of Milk w2	1 Hamburger on WG Bun Tater Tots Fresh Baby Carrots Chilled Diced Pears Choice of Milk	2 Chicken Patty WG Bun Vegetarian Baked Beans Cucumber Coins Michigan Grown Apple Choice of Milk	3 Cheese Quesadilla w/Dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk	1 French Bread Pizza Celery Sticks Fresh Orange Wedges Choice of Milk No School
4 Mac and Cheese w/ Diced Ham Steamed Green Beans Fresh Cucumber Coins Applesauce Choice of Milk w3	5 Hot Dog on a WG Bun Tater Tots Seasoned Carrots Chilled Diced Pears Choice of Milk	6 Jumbo Chicken Tenders Vegetarian Baked Beans Dinner Roll Cucumber Coins Michigan Grown Apple Choice of Milk	7 Pizza Crunchers Fresh Baby Carrots Diced Peaches Choice of Milk	8 Cheese Filled Bosco Stick Dipping Sauce Celery Sticks Fresh Orange Wedges Choice of Milk
11 Cheese Pizza Green Beans Cucumber Coins Rosy Applesauce Choice of Milk w4	12 Soft Shell Taco w/ Meat, Cheese, & Trimmings, Salsa Fresh Baby Carrots Chilled Diced Pears Choice of Milk	13 Baked Chicken Drumstick Vegetarian Baked Beans WG Biscuit Fresh Cucumber Coins Michigan Grown Apples Choice of Milk	14 Bosco Sticks or Dunkers w/dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk	15 French Toast Sticks Sausage Patty Celery Sticks Fresh Orange Wedges Choice of Milk
18 Chicken Nuggets WG Dinner Roll Green Beans Fresh Cucumber Coins Applesauce Choice of Milk w1	19 French Bread Pizza Seasoned Black Beans Fresh Baby Carrots Chilled Diced Pears Choice Of Milk	20 Turkey and Gravy Mashed Potatoes Seasoned Carrots Michigan Grown Apple Choice of Milk	21 Bosco Sticks or Dunkers w/Dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk	22 Turkey & Cheese Sub Bag of Smart Snacks Celery Sticks Fresh Orange Wedges Choice of Milk
25 Carnival Corn Dog Green Beans Fresh Cucumber Coins Applesauce Choice of Milk No School w2	26 Hamburger on WG Bun Tater Tots Fresh Baby Carrots Chilled Diced Pears Choice of Milk No School	27 Chicken Patty WG Bun Vegetarian Baked Beans Cucumber Coins Michigan Grown Apple Choice of Milk No School	28 Cheese Quesadilla Dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk No School	29 French Bread Pizza Celery Sticks Fresh Orange Wedges Choice of Milk No School



Chatfield: Free Breakfast to All Students

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

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<p><u>Choose 2</u> Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><u>Must take a</u> Juice or Fruit</p> <p><u>Optional</u> Milk, Skim, 1% or Chocolate</p>	<p><u>Choose 2</u> Bug Bites Graham Crackers</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><u>Must take a</u> Juice or Fruit</p> <p><u>Optional</u> Milk, Skim, 1% or Chocolate</p>	<p><u>Choose 2</u> WG Blueberry Muffin</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><u>Must take a</u> Juice or Fruit</p> <p><u>Optional</u> Milk, Skim, 1% or Chocolate</p>	<p><u>Choose 2</u> Cinnamon Goldfish Grahams</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><u>Must take a</u> Juice or Fruit</p> <p><u>Optional</u> Milk, Skim, 1% or Chocolate</p>	<p><u>Choose 2</u> Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><u>Must take a</u> Juice or Fruit</p> <p><u>Optional</u> Milk, Skim, 1% or Chocolate</p>

Student will choose 2 breakfast items **AND** a juice or fruit. Milk is optional.

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school. Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com

This institution is an equal opportunity provider.